

Matthew Swartz

Matt Swartz has been active in law enforcement since his enlistment into the military after high school. He joined, and after completing training, entered the Active Guard Reserve program just as Operation Desert Shield was starting. He served as a law enforcement specialist to a Security Police Squadron. This eventually led to his entering service as a Trooper with the NY State Police as his enlistment ended. After being assigned as an FTO for about a year, the Nation suffered the effects of the terrorist attacks on September 11, 2001. Matt was one of the first responders sent directly to Manhattan by the Governor as part of the coordinated response to the attacks.

A few years later, tragedy struck as Matt was involved in a very serious off-duty crash that found him fighting for life while facing the reality that one of his legs had to be amputated below the knee. His courage and will, coupled with his desire to return to full-duty, saw him successful as he returned in less than a year from the crash. He was personally recognized by President GW Bush for this. Many news outlets interviewed him for features after the crash and after his successful return. This led to his being requested to be a motivational speaker for more than a few police academies and being recognized by both the New York State Senate and Assembly for his activities and success, despite the nearly career-ending injuries. His public speaking activities led to him being approached to be an academy instructor.

Matt became certified by the State of New York and the State Police to be a firearms instructor. He served in this capacity to teach both in the academy, as well as, conducting training for various weapons at the troop range out in the field. He completed another 11 years of service as a road Trooper and instructor before retiring in 2016 to accept a position as a federal law enforcement instructor for DHS. Shortly after beginning the new job, tragedy struck again with Matt being involved in another serious crash but one more time, he fought back, recovered and returned to duty. In this role, he has been trained to teach many various disciplines and has a great deal of experience as a firearms instructor, driving instructor, operations instructor, and use of force instructor.

<https://www.standwithhonor.us/nlem-story/standing-honor-one-leg-short/>

It is fair to say that his experiences with physical therapy, fitness, wellness, and recovery left an impression. Not only was his resilience important for survival but maybe more so in his recovery. He has continued telling his story to motivate officers as he travels around the country. In 2021, he became certified as a personal trainer and nutrition coach, started his own business named Blueline Personal Training, paying homage to his law enforcement background. He is currently nearing completion of his Master's Degree in Applied Physiology and Kinesiology with a concentration in Human Performance at the University of Florida.

Feel free to contact Matt at 518-527-9477 or mattswartz@bluelinepersonaltraining.com